

Year 5 School Journey 2019

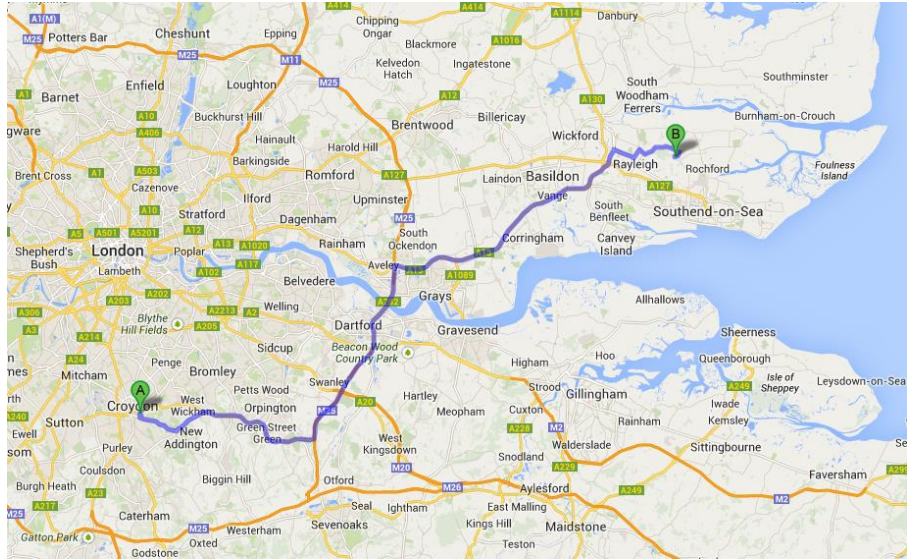
17th - 20th June 2019

Belchamps Scout Activity Centre, Essex



Belchamps Activity Centre

- * Located near Hockley, Essex
- * Approx. 1.5 hours drive from PHJS
- * Scout Activity Centre
- * Hold the Adventure mark, the Learning Outside the Classroom Quality Badge and a Food Hygiene Rating of 5.



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Transport

- * Travel by coach directly from PHJS to Belchamps
- * 2 coaches per journey
- * Banstead Coach Company



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Contacting your child

- * Visits from parents will not be permitted
- * In the case of emergency, please contact the office who will in turn, contact staff.
- * Postcard – please pack a stamp!



Groupings

- * Separate buildings for boys and girls on each trip.
- * The rooms will be decided by class teachers.
- * During the day, the children will be split into five activity groups, which will be mixed gender, and across all three classes.
- * Children will only be told the groupings on arrival
- * Meal times and evening activities – whole group together



Accommodation

- * Indoor accommodation
- * Bunkbeds
- * Dormitories of 8
- * Boys and girls in separate buildings
- * Kitchen area



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Activities

- * Archery
- * Climbing (outdoors)
- * Abseiling
- * Wobbly Pole Climb
- * Crate Stacking (High Ropes)
- * Fencing
- * Water Walkerz
- * Hike
- * Pedal Karts
- * Bungee Run (inflatable)
- * Demolition Derby (inflatable)
- * Geocaching



- * Push Ball
- * Assault Course
- * Caving Simulator
- * Mini Olympics
- * Campfire
- * Wide Games

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Activities

- * Activity groups of 12
- * 16 daytime activities, 4 evening activities
- * Example programme for one day:

DAY 2	Group 1	Group 2	Group 3	Group 4	Group 5
8:30 AM	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
9:30 AM	Climbing (out)	Demolition Derby	Crate Stacking	Jacobs Ladder	Fire Lighting
10:45 AM	BREAK	BREAK	BREAK	BREAK	BREAK
11:00 AM	Bungee Run	Climbing (out)	Demolition Derby	Crate Stacking	Jacobs Ladder
12:15 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:30 PM	Jacobs Ladder	Bungee Run	Climbing (out)	Demolition Derby	Crate Stacking
2:45 PM	BREAK	BREAK	BREAK	BREAK	BREAK
3:00 PM	Team Building	Geocaching	Bungee Run	Climbing (out)	Demolition Derby
4:15 PM	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FREE TIME
6:00 PM	DINNER	DINNER	DINNER	DINNER	DINNER
7:00 PM	Mini Olympics	Mini Olympics	Mini Olympics	Mini Olympics	Mini Olympics
8:30 PM	LATE SNACK	LATE SNACK	LATE SNACK	LATE SNACK	LATE SNACK

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Kit List

Essential

Sleeping Bag

Pillow

Trainers

Additional footwear

Waterproof coat

Sun hat

Multiple pairs of socks and underwear

Multiple pairs of shorts and trousers/tracksuit bottoms

Multiple t-shirts/shirts

Multiple sweatshirts/jumpers

Pyjamas/nightwear

Towel

Toiletries (flannel/sponge, soap, toothbrush and toothpaste, hairbrush/comb)

Water Bottle

Medication

Advised

Walking boots or strong shoes

Waterproof trousers

Sun cream

Plastic bags for dirty clothes

Pocket money (£5 maximum in pound coins only!)

Optional

Tissues

Torch (and spare batteries)

Favourite night time cuddly toy

Pen and Paper

Book

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Kit List

- * No electronic games are allowed.
- * Strictly no mobile phones are allowed.
- * Children may bring a camera with them, but they will be responsible- a disposable camera is highly recommended.

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Medication

- * Medication should be clearly labelled with your child's name, and instructions about when it should be taken.
- * All medication should be handed in on the morning of departure.
- * Children who are prone to **travel sickness**, must bring tablets for the return journey.

Food

Breakfasts

A choice of 3 cereals, orange juice, white or brown toast, preserves and fresh fruit

Daily extra – one of boiled egg, beans, croissants, ham and cheese, yogurt, muffin.

Tea and coffee served to the table for adults

Lunches

Salad bar (v)
Pasta (v)
Soup with bread and butter (v)
A selection of sandwiches
Jacket potatoes (v)
Fresh fruit

Daily specials including homemade pizza (v), beans on toast(v), hot sausage roll, vegetable pasty (v)

Daily desert including cakes, flapjacks, yogurts and seasonal fruit.

Tea and coffee served to the table for adults

Dinners

Salad Bar (v)
Pasta (v)
Soup with bread and butter (v)
Fresh fruit

Daily Specials including roast chicken thighs, sausage and mash, vegetarian sausage and mash (v), fish cakes, pasta bolognaise, meat balls in tomato sauce, chicken curry, vegetable Curry (v) vegetable and tomato pasta(v), beef lasagne, beef hotpot.

Daily deserts including homemade apple crumble, chocolate sponge, jelly and ice cream, fresh fruit salad, syrup sponge, lemon sponge.

Tea and coffee served to the table for adults

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Questions

- * If you have any questions please approach your child's class teacher or Mr McCabe.
- * Thank you for coming!

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