

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 4 th Jan 25 th Jan 15 th Feb	Main	● BBQ Chicken Pizza	● Beef Lasagne	● Roast Chicken with Mixed Herbs	● Chicken Chow Mein	● Fish Fingers
	Vegetarian	Cheese & Tomato Pizza	Vegetable Lasagne	Cheese & Potato Pie	Vegetable Samosa	Roasted Vegetable Wrap
	Carbs & Veg	Tossed Salad New Potatoes	Fresh Broccoli & Sweetcorn Potato Wedges	Roast Potatoes, Cauliflower & Carrots	Tossed Salad Croquette Potatoes	Chipped Potatoes, Peas, Baked Beans
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayonnaise or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Cheese or Beans	
	Dessert	Fresh Fruit Platter	Carrot Cake with Custard	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Apple Sponge With Custard	Ice Cream Pot
Week 2 11 th Jan 1 st Feb 22 nd Feb	Main	● Chicken in a Bun	● Shepherd's Pie	● Roast Chicken Dinner	● Mexican Chicken Casserole	● Baked Breaded Fillet of Fish
	Vegetarian	Veggie Burger	Broccoli & Cauliflower Cheese Topped with Sweet Potato Mash	Vegetarian Sausages in a Yorkshire Pudding with Gravy	Vegetable Noodle Sweet Chilli Stir Fry	Vegetarian Nuggets
	Carbs & Veg	New Potatoes, Baked Beans, Sweetcorn	Sliced Carrots Mixed Vegetables	Roast Potatoes Cabbage & Carrots	Rice Sweetcorn, Mixed Vegetables	Chipped Potatoes, Baked Beans, Peas
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Cheese or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayonnaise or Beans	
	Dessert	Apple & Peach Crumble with Custard	Madeira Cake with Custard	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Pancake with Fruit Compote	Peach & Pear Fruit Pots
Week 3 18 th Jan 8 th Feb	Main	● Braised Chicken Sausages with Onion Gravy	● Lamb Chilli Wrap	● Roast Chicken in BBQ Sauce	● Beef Pasta Bolognese	● Cod Bites
	Vegetarian	Vegetarian Sausage Roll	Mac & Cheese	Plain Omelette	Vegetable Curry	Tomato spinach and cheese pinwheel
	Carbs & Veg	Mashed Potatoes, Sweetcorn, Whole Green Beans	Salad & Coleslaw Cauliflower, Broccoli	Roast Potatoes, Peas & Carrots	Rice Salad Bar	Chipped Potatoes, Peas, Baked Beans
	Option	Pasta with Tomato Sauce or Cheese	Jacket Potato with Cheese or Beans	Pasta with Tomato Sauce or Cheese	Jacket Potato with Tuna Mayonnaise or Bean	
	Dessert	Fruit Platter	Apple Crumble with Custard	Fresh Fruit Platter, Yoghurt, Cheese & Crackers	Fruity Jam Sponge With Custard	Vegetarian Strawberry Mousse

Salad Bar and Fresh Fruit and Yoghurt are available every day. We use locally sourced ingredients when available and in season.

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.

● Halal Suitable