



PARK HILL JUNIOR SCHOOL

Stanhope Road, Croydon, CR0 5NS Tel: 020 8686 8623

RESPECTFUL - KIND - RESILIENT - RIGOROUS - ASPIRATIONAL



6th October 2020

HEAD TEACHER'S MESSAGE

Dear Parents and Carers,

Thank you for reading through our newsletters, you will find lots of useful information in them. Please continue to read through with your children.

We are already into the 4th week of the term and when I walk around the school, I see your children all engaged and learning; I feel so proud to be the head teacher of such a wonderful school with high standards, good relationships and excited learners.

Thank you for sending your children into school. Our aim is to ensure all children are learning in a Covid-secure environment and all adults feel secure and safe working at Park Hill Junior School.

In the first two weeks attendance was quite high - an average of 91%; and because we entered the cold/flu season, attendance dropped slightly, but this week we are back up in the nineties with 93%. This is quite high in this pandemic situation. This shows that the children are enjoying their learning and you feel confident to send your children into our care – Thank you!

We are now beginning the 'normal' curriculum after a highly successful three weeks of the recovery curriculum. The children are ready and keen to get stuck into their learning and the teachers are too! We are delighted that we have been able to make this decision, and that our children seem so eager to kick start their learning again so soon. This is truly great news, and a positive testament to the brilliant job staff and parents all did during the lockdown period. Well done everybody!

We will also carry on with as many outdoor and physical games/exercise as possible, including working in an outdoor classroom, weather permitting, so please remember to send your children in with appropriate clothing for cold and wet weather conditions.

There are a few reminders to ensure we operate in a safe community.

Masks - Please remember to wear masks/visors at drop off and collection at school if you have no medical restrictions regarding the wearing of masks. Thank you.

Drop off and Collection – if possible, to stop congestion and having due regard for others, only one adult to drop off/collect each child please, whilst keeping your distance away from households you do not belong to; and please do not hang around afterwards to chat to friends as this makes the gates and pavements around school very congested. Thank you. We will take the children in as soon as we possibly can, without mixing year group bubbles.

Please follow the Covid-19 rules as prescribed by the government and do not send your child into school if they are displaying any of the Covid-19 symptoms.

Please [click here](#) to access the flow chart.

Thank you for your partnership always,

Mrs Pratt - Headteacher

URGENT REQUEST!

Please make sure Mrs Perry and Miss Job in the office have up-to-date contact details for you, in case we need to get hold of you urgently.

Please also ensure you let us know if your child suffers from any health issues, including allergies. Thank you.

AUTUMN TERM 2020 Dates for your Diary

21.10.20 & 22.10.20	Parent consultation meetings Years 3-6
20.10.20	Photographer visit
26.10.20 -30.10.20	Half Term
16.11.20 -20.11.20	Anti-Bullying Week inc: Odd Socks Day!
13.11.20	Trust Training Day – school closed to pupils
17.12.20	Last day autumn term
04.1.20	First day of spring term

We will notify you of any changes to these dates by email. Please ensure we have your most up-to-date address. Thank you.

PLANNING A HOLIDAY?

Please remember that we are unable to authorise any term time absence for holidays.

For those planning foreign trips during half term in October or in December, we will be expecting families to follow the government guidance in regards to quarantine, to protect our school community.

Guidelines are being updated regularly as European countries form and adjust travel arrangements. If you do choose to holiday abroad, please be aware this may impact on your child being able to return to school on your return.

FREE SCHOOL MEALS – Are you missing out?

Every year we have a few children who are eligible for free school meals (FSM) miss out as an application has not been made.

Hopefully you have completed a FSM form and are already in the process of finding out if you are eligible. You may not realise that this application needs to be made each academic year your child is in the school. This is particularly important for those children joining the school for the first time. If you qualify for FSM, then the school also qualifies to receive £1,320 additional funding to further enhance the learning experience of your child. For further information and the Croydon online application form visit: [https:// www.croydon.gov.uk/education/schools-new/free-school-meals](https://www.croydon.gov.uk/education/schools-new/free-school-meals) Alternatively, you are welcome to visit the School Office and complete a form with assistance from the staff.

SCHOOL COUNCIL

We are delighted to announce the pupil members of our new school council!



Year 3

3L : Gloria
3M : Arjun
3P : Isabella

Year 4

4K : Eddy
4GA : Adharv
4VG : Aarnav

Year 5

5A : Rajvi
5I : Charley
5M : Gabriel

Year 6

6E : Siddard
6F : Aditi
6H : Shradha

Our School Council is a partnership of adults and children, all working together to make our community a better place. We will listen to everyone's views, so everyone feels included.

PHOTOGRAPHS

A photographer will be visiting the school on Tuesday 20th October to take individual photographs of children. These make excellent Christmas presents!

TWITTER

A reminder that our Twitter account is one of the ways we share information with you:
@PHJSCroydon
Please follow us to hear all of our latest news.



HOUSE CAPTAINS

We are delighted to announce our new 2020-2021 School House Captains!

At Park Hill we have 4 Houses and there are two representatives from each house. House Captains have responsibilities for leading various initiatives and activities on behalf of their house.

Our House Captains are chosen by teachers from across the school.

Congratulations to you all!

Coleridge Taylor: Nivedya and Tanmay

Flower: Isobel and Sanmay

Johnson: Rinor and Tanishka

Latham: Karolina and Shlok



ONLINE SAFETY LEARNING

Throughout their computing lessons children across the school have been focusing on online safety. They have been discussing all the benefits and the opportunities that a connected world can bring to them, appropriate for their age and stage. They are also learning to balance the benefits offered by technology with a critical awareness of their own and other's online behaviour and finding ways to develop effective strategies for staying safe and making a positive contribution online.

Year 3 have explored their right to say 'no' or 'I will have to ask someone' as well as pinpointing adults they can go to for advice when they feel under pressure.

Year 4 have discussed reputations and how others may use online information to make judgements of them. It offered opportunities to develop strategies to manage personal digital content effectively and capitalise on technology's capacity to create effective positive profiles.

Year 5 have been learning how to manage online information by exploring how information is found, viewed and interpreted. They are learning strategies for effective searching, critical evaluation of data, the recognition of risks and the management of online threats and challenges. They will explore how online threats such as livestreaming can pose risks to our physical safety as well as online safety.

Year 6 have explored online relationships through gaming and how technology shapes communication styles and identifies strategies for positive relationships in online communities. It offers opportunities to discuss relationships, respecting, giving and denying consent and behaviours that may lead to harm and how positive online interaction can empower and amplify voice. Pupils learn that children's websites must protect their private information. They learn to identify these secure sites by looking for their privacy policies and privacy seals of approval.

It is important to talk about our children's online life with them on a regular basis so as the year goes on each year group will explore eight different aspects of online education:

1. Self-image and Identity
2. Online relationships
3. Online reputation
4. Online bullying
5. Managing online information
6. Health, wellbeing and lifestyle
7. Privacy and security
8. Copyright and ownership.

The following three articles will provide you with further information and guidance on how to keep your child safe online:

<https://www.internetmatters.org/issues/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.thinkuknow.co.uk/professionals/resources/parents-and-carers-presentations/>

FAMILY SUPPORT

Here at PHJS we know that from time to time being a parent isn't always plain sailing. We know that all families encounter difficulties and setbacks and may need support getting things back on track. We are lucky to have Paula Evans, our Home/School Link, and Atandra Russell, our Education Welfare Officer, who can offer expert guidance and signpost families to helpful advice and local support. If you haven't met Paula yet here is an introduction:



My name is **Paula** and I am the Family Support Worker here at PHJS.

My role is to support parents, children and the wider school community by providing information, guidance and a 'listening ear'.

For pupils: I am here to encourage positive attitudes to learning, run nurture groups to support wellbeing and be there for a chat.

For parents: I am here supporting you to support your children through their school journey. I also have knowledge of local support services that you may wish to access. I also run our popular ParentGym courses.

I am available from 8.30am to 1.30pm on Monday and Tuesday and 8.30am to 5pm Wednesday to Friday. I am happy to see you at school or home, if preferred. Any meetings will be treated with the utmost confidentiality and respect. Please ask for me at the school office or call 020 8686 8623.

Help prevent COVID-19 For parents, carers and children in Croydon

Key actions

- Know the symptoms
- Know when to self isolate
- Request a Test
- Inform school
- Share contacts

Kids can go to school, nursery, childminder as normal if they have:

- Runny noses
- Sore throats without a fever
- Mild colds

The main COVID19 symptoms



new and continuous cough



high temperature

or



loss of, or change in, your normal sense of taste or smell (anosmia)

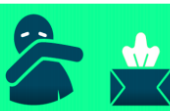
Stop the spread of coronavirus



Wash your hands more often and for 20 seconds

Use soap and water or a hand sanitiser when you:

- Get home or into work
- Blow your nose, sneeze or cough
- Eat or handle food



Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze and throw the tissue away straight away

REMEMBER



Keep 2 metres away from other people when you are out of

- the house

- Walk or cycle to school if you can
- Wear face coverings when required
- Do not go out in more than groups of six



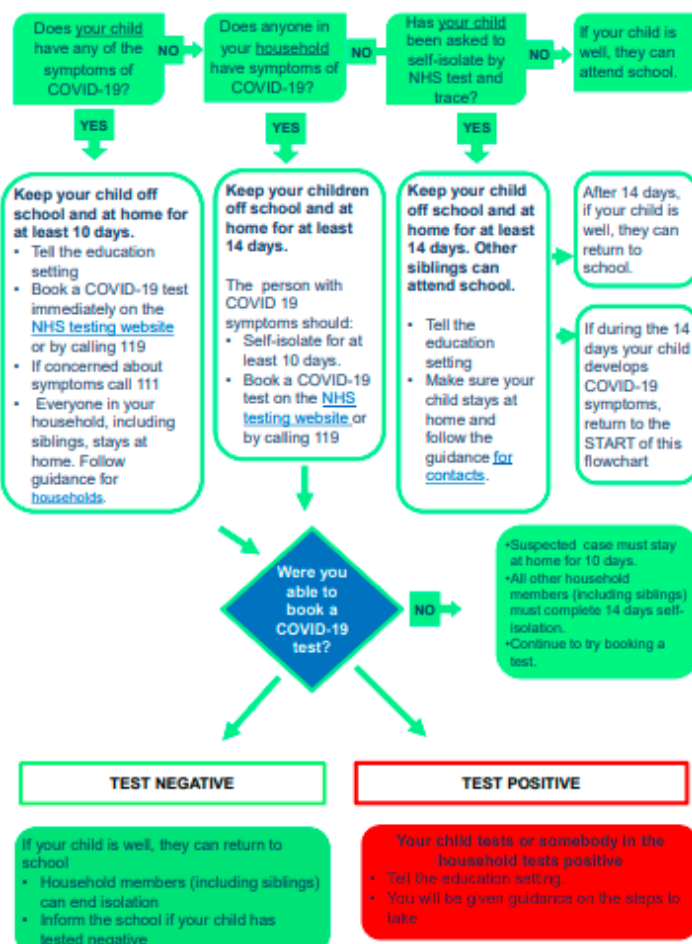
Can I send my child to school?

The main COVID symptoms are, one or more of:

- Fever >37.8 OR
- New continuous cough PR
- Loss of taste and / or smell

Children can go to school, nursery, childminder as normal if they have:

- Runny noses
- Sore throats without a fever
- Mild colds



TUNSTALL NURSERY SCHOOL

You may be aware that Park Hill Infant School and Tunstall Nursery School are linked. Jane Charman is the Executive headteacher of both settings.

There are some spaces currently available at Tunstall Nursery School for 2, 3 and 4 year olds, including some full time spaces.

Tunstall Nursery School is twice rated outstanding by Ofsted. They have rigorous Covid safe procedures in place.

Please call 020 8654 0371 for further details.

BIKE TO SCHOOL WEEK

Bike to School Week celebrates cycling to school and the benefits of travelling actively for children. We're delighted with how many more children are cycling, scooting and walking to school this year and will be celebrating this next week.

It is well known that physical activity is key to people's health and wellbeing, with numerous studies showing that people who walk and cycle enjoy longer and healthier lives.

Increasingly, however, research on the long-term benefits of walking and cycling is uncovering benefits that are even greater than previously thought. Regular physical activity can help to prevent numerous serious health conditions and save the NHS millions of pounds each year.

Collating this research, some of the key findings include:

- Regular cyclists reduce their risk of developing cardiovascular disease by 46%.
- People who are physically active reduce chances of late-onset diabetes by between a third and a half.
- Cycling to work reduces the risk of cancer by 45%.

The traffic around our school site is very busy before and after school and we would encourage you to walk, scoot or bike to school wherever possible to ease this congestion.



PEDDLE MY WHEELS

Peddle My Wheels are operating their *Try Before You Bike Scheme* for Croydon residents and employees. <https://www.peddlemywheels.com/>

The scheme means residents or employees in the borough can try out a variety of types of bike by hiring it for a monthly fee. There is no deposit, no fixed contract and the user just pays the monthly fee until they own it, or they cancel and return at any time with nothing more to pay. The bike is delivered direct to their door with a free cycle skills session to increase confidence. Maintenance and theft cover are available for peace of mind. Children's bikes can be exchanged for the next size up and Peddle My Wheels collect, service and sell the old bike free of charge.

In the current situation with restrictions on public transport usage, this project might enable those who still need to get to work to do so. It also allows those who are considering getting a bike for their exercise opportunity to try one out.

Peddle My Wheels continues to operate and deliver bikes to interested users with infection control processes in place to ensure people don't come into contact with each other. The free training session can be held at a later date.

