



**PARK HILL
JUNIOR
SCHOOL**

Stanhope Road
Croydon
CR0 5NS
Tel: 020 8686 8623
Head Teacher: Mrs A. Pratt
www.phjs.co.uk



Friday 8th March 2024

Dear Parents/Carers,

We have some exciting news for you! We are taking part in the 15th year celebration of Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 11-22 March 2024. It's free to take part and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

Including everyone

We want to make sure that everyone can be involved in Sustrans Big Walk and Wheel 2024.

We know it may be more difficult for some pupils to take part than others. If you would like to discuss more about your child(ren)'s specific needs, please contact Miss Waxer and we will look into how your child(ren) can take part.



Park Hill Junior School is part of Folio Education Trust
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Registered office: 30 Melville Avenue, South Croydon CR2 7HY



Why we are taking part

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school and that children thought active travel was the best way to bring down these pollution levels.

Plus there are some great prizes to be won every day if enough children take part!

Useful resources

To help you prepare, Sustrans has developed a handy free guide to walking, cycling or scooting to school. It is packed with advice to help you have a hassle-free journey to school.

Download your free family guide using this link:

<https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/>

For more information about the event go to www.bigwalkandwheel.org.uk .

We hope you enjoy the challenge and thank you for your support!

Yours sincerely,

Mrs Lalita Kataruka

School Travel Champion

History and Geography Subject Leader



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