

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Chicken Burger	Shepherds Pie	Roast Turkey	Pasta Bolognese	MSC Fish Fingers
7 January 28 January 25 February 18 March	Vegetarian	Tomato, Basil and Red Onion Whirl	Baked Aubergine Parmigiano	Vegetable Biryani	Veggie Pasta Provencal	Veggie Sausages
		Croquette Sweetcorn peas	New potatoes, Peas, Orange glazed Baton Carrots	Roast Potatoes, Cauliflower, Whole Green Beans	Sweetcorn Roasted Vegetables	Chipped Potatoes, Peas Baked Beans
	Option	Jacket Potato Sandwiches	Jacket Potato Sandwiches	Jacket Potato Sandwiches	Jacket Potato Sandwiches	
	Dessert	Pineapple Fruit Pot	Apple Sponge and Custard	Jelly Pots	Lemon Drizzle Cake	Raspberry Ripple Mousse
Week 2	Main	Braised Chicken Sausages in Gravy	Tuna & Sweetcorn Pasta Bake.	British Farm Assured Roast Beef	Pork Meatball in a Tomato Sauce	Baked Fillet of Fish
14 January 4 February 4 March 25 March	Vegetarian	Vegetarian Toad in the Hole & Gravy	Macaroni & Cheese	Hot Roasted Vegetable Burrito with Tomato Sauce.	Broccoli & Tomato Quiche	Vegetarian Spring Roll
		Mashed Potatoes Sweetcorn, Carrots	Croquette Potatoes, Peas Baked Tomatoes	Roast Potatoes, Broccoli, Baton Carrots	Rice, Peas, Sweetcorn	Mashed Potatoes Baked Beans
	Option	Jacket Potato Sandwiches	Jacket Potato Sandwiches	Jacket Potato Sandwiches	Jacket Potato Sandwiches	
	Dessert	Blueberry Muffin & Custard	Fresh fruit or Yoghurt	Pancake & fruit Compote	Dorset Apple Cake	Vegetarian Strawberry Mousse
Week 3	Main	Chicken Feast Pizza	Red Thai Fish Curry & rice	Roast Chicken	Layered Chilli Pancake with Tomato Sauce	Fish Goujons
21 January 11 February 11 March 1 April	Vegetarian	Cheese, Tomato & sweetcorn Pizza	Mediterranean Vegetable Au Gratin	Cheese & Tomato Omelette	Vegetable Burger	Vegetarian Sausages
		Potato Wedges Baked Beans Peas	Crushed Potatoes with Olive Oil & Garlic, Sweetcorn	Roast Potatoes Broccoli Carrots	New Potatoes Peas Sweetcorn	Chipped Potatoes Baked Beans
	Option	Jacket Potato Sandwiches	Jacket Potato Sandwiches	Jacket Potato Sandwiches	Jacket Potato Sandwiches	
	Dessert	Peach & Pear Fruit Pot	Bread & butter pudding with Custard	Fresh fruit or Yoghurt	Pineapple Upside down Cake & Custard	Squeezable Fruit Jelly

Salad Bar is available every day.

Fresh Fruit and Yoghurt available every day.

We use locally sourced ingredients when available and in season.

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.