

Park Hill School Menu Week 1

Autumn Menu commencing September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Feast Pizza	Chicken & Vegetable Pie	Roast Gammon With Pineapples	Pasta Bolognese	Battered Cod
Cheese & Tomato Pizza	Vegetable Nuggets	Vegetable Chow Mein	Veggie Mince Pasta Provençale (gluten free pasta available)	Veggie Sausages
Jacket Potato with Cheese or Tuna Mayonnaise	Jacket Potato with Beans or Tuna Mayonnaise	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Tuna Mayonnaise	
Croquette Sweetcorn Peas	Mashed Potatoes Peas Orange glazed Baton Carrots	Roast Potatoes Cauliflower Whole Green Beans	Sweetcorn Mixed Vegetables	Chipped Potatoes Peas Baked Beans
Salad Bar Available Everyday				
Peach & Pear Fruit Pot	Apple Sponge & Custard	Jelly Pots	Chocolate Muffin & Custard	Raspberry Ripple Mousse

We use locally sourced ingredients when available and in season.

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.

Park Hill School Menu Week 2

Autumn Menu commencing September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Braised Chicken Sausage & Onion Gravy	Gammon Ham Pasta Bake	British Farm Assured Roast Chicken	Chicken Meatball in a Tomato Sauce	MSC Fish Fingers
Vegetarian Mince Lasagne	Macaroni Cheese	Sweet Chili Vegetable Noodles	Vegetable Quiche	Vegetable Spring Roll
Jacket Potato with Beans or Tuna Mayonnaise	Jacket Potato with Tuna Mayonnaise or Cheese	Jacket Potato with Cheese or Beans	Jacket Potato with Beans or Tuna Mayonnaise	
Mashed potatoes Sweetcorn Sliced Carrots	Croquette Potatoes Peas Baked Tomatoes	Roast Potatoes Sauted Cabbage Baton Carrots	Rice Peas Sweetcorn	Mashed Potatoes Baked Beans
Salad Bar Available Everyday				
Raspberry Muffin & Custard	Fruit Crumble & Custard	Orange Jelly Pots	Fruit Slab Cake	Vegetarian Chocolate Mousse

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Park Hill School Menu Week 3

Autumn Menu commencing September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Mild Beef Chilli Con Carne	Meat Feast Pizza	British Farm Assured Roast Beef	Beef Burger in a Bun	MSC Breaded Fish Fillet
Cauliflower & Broccoli Cheese Bake	Cheese & Tomato Pizza	Cheese/Cheese & Tomato Omellete	Vegetable Burger	Vegetarian Sausages
Jacket Potato with Beans or Tuna Mayonnaise	Jacket Potato with Cheese or Tuna Mayonnaise	Jacket Potato with Cheese or Beans	Jacket Potato with Beans or Tuna Mayonnaise	
Rice Sweetcorn	Potato Wedges Baked Beans Peas	Roast Potatoes Broccoli Carrots	New Potatoes Peas Sweetcorn	Chipped Potatoes Baked Beans
Salad Bar Available Everyday				
Pineapple Fruit Pot	Chocolate Muffin & Custard	Raspberry Mousse Slice	Blueberry Muffin & Custard	Squeezable Fruit Jelly

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