



Physical Education Scheme of Work
Park Hill Junior School



Year 3



Gym
Netball
Dance
Hockey
Swimming
Tennis
Rounders
Athletics
Fitness

Year 4

Gym
Basketball
Dance
Fitness
Rugby
Swimming
Athletics
Cricket
Rounders

Downe
Residential
(Outwards Bound
activities)

Year 5

Gym
Hockey
Dance
Netball
Tennis
Rounders
Gym
Swimming
Athletics
Fitness

Belchamps
Residential
(Multi-sports)

Year 6



Gym
Football
Dance
Tag Rugby
Fitness
Basketball
Swimming
Cricket
Rounders
Athletics

Watersports Trip

