












Park Hill Menu Sept 20 Week 1

Monday		Tuesday		Wednesday		Thursday		Friday	
 Mild chili Con carne Served with rice	<i>SULPHITE</i>	 Chicken tikka served with rice	<i>SULPHITE</i>	 Roast chicken breast roast potatoes, Vegetables & Yorkshire Pudding	<i>DAIRY</i> <i>GLUTEN</i> <i>EGGS</i>	 Chicken pasta served with garlic bread	<i>GLUTEN</i> <i>DAIRY</i> <i>EGGS</i>	 Battered cod fillet, chips & Peas	<i>FISH</i> <i>GLUTEN</i> <i>EGGS</i>
Tomato and peppers tossed with pasta	<i>GLUTEN</i> <i>DAIRY</i> <i>EGGS</i>	Vegetarian nuggets with new potatoes and broccoli	<i>GLUTEN</i> <i>DAIRY</i> <i>EGGS</i>	Quorn sausage roast potatoes, Vegetables & Yorkshire Pudding	<i>GLUTEN</i> <i>DAIRY</i> <i>EGGS</i>	Cheese and tomato pizza served with baked beans	<i>DAIRY</i> <i>GLUTEN</i> <i>SULPHITE</i>	Thai green vegetable curry and rice	<i>SULPHITE</i> <i>DAIRY</i> <i>(coconut)</i>
Jacket Potato with Beans	<i>NONE</i>	 Jacket Potato Tuna	<i>Fish</i>	Jacket Potato with Cheese	<i>DAIRY</i>	Jacket Potato with tuna	<i>FISH</i>		
<i>Cold Dessert</i> <i>of the Day</i>		<i>Cold Dessert</i> <i>of the Day</i>		<i>Cold Dessert</i> <i>of the Day</i>		<i>Cold Dessert</i> <i>of the Day</i>		<i>Cold Dessert</i> <i>of the Day</i>	

Monday		Tuesday		Wednesday		Thursday		Friday	
 Chicken Sausage Mash potatoes Gravy & Peas	GLUTEN DAIRY	 Chicken Korma served with Basmati Rice	<i>MUSTARD</i> <i>DAIRY</i> <i>SULPHITE</i> <i>(coconut, (no allergen))</i>	Roast beef, Roast Potatoes & Vegetables, Yorkshire Pudding	GLUTEN EGGS DAIRY	 Homemade cottage pie (beef) served with peas and gravy	<i>SULPHITE</i>	 Jumbo fish fingers, Chips and beans	<i>FISH</i> <i>GLUTEN</i>
Macaroni Cheese	GLUTEN EGGS DAIRY	Tex Mexican burrito	GLUTEN EGGS DAIRY	Vegetables burger served with new potatoes and salad	GLUTEN EGGS DAIRY	Vegetable Biryani	<i>SULPHITE</i>	Vegetable spring roll served with chips and salad	GLUTEN EGGS DAIRY
Jacket Potato With Cheese	<i>DAIRY</i>	Jacket Potato Baked Beans	<i>NONE</i>	Jacket Potato with Cheese	<i>DAIRY</i>	 Jacket Potato Tuna	<i>FISH</i>		
<i>Cold Dessert of the Day</i>		<i>Cold Dessert of the Day</i>		<i>Cold Dessert of the Day</i>		<i>Cold Dessert of the Day</i>		<i>Cold Dessert of the Day</i>	

Monday		Tuesday		Wednesday		Thursday		Friday	
<p>●</p> <p>Beef casserole with new potatoes</p> <p><i>SULPHITE</i></p>		<p>●</p> <p>Chicken Balti served with Basmati rice</p> <p><i>SULPHITE</i></p>		<p>●</p> <p>Garlic roast Chicken Roast Potatoes , Vegetables and Yorkshire pudding</p> <p><i>GLUTEN DAIRY EGGS</i></p>		<p>●</p> <p>Battered chicken burger, new potatoes and salad</p> <p><i>GLUTEN EGGS DAIRY</i></p>		<p>●</p> <p>Fish cakes, chips & Baked beans</p> <p><i>FISH SHELLFISH DAIRY GLUTEN SULPHITE</i></p>	
<p>Vegetables patties with salad</p> <p><i>SULPHITE GLUTEN EGGS DAIRY</i></p>		<p>Sweet and sour vegetables with noodles</p> <p><i>GLUTEN DAIRY EGGS SULPHITE</i></p>		<p>Tomato pasta baked</p> <p><i>GLUTEN EGGS DAIRY</i></p>		<p>Veggie bolognaise served with pasta</p> <p><i>GLUTEN EGGS DAIRY</i></p>		<p>Stuffed pepper with bulgur wheat tabouleh salad</p> <p><i>DAIRY</i></p>	
<p>Jacket Potato with Cheese</p> <p><i>DAIRY SULPHITE</i></p>		<p>Jacket Potato with tuna & sweetcorn</p> <p><i>DAIRY FISH</i></p>		<p>Jacket Potato With Cheese</p> <p><i>SULPHITE DAIRY</i></p>		<p>●</p> <p>Jacket Potato Baked Beans</p>			
<p>Cold Dessert of the Day</p>		<p>Cold Dessert of the Day</p>		<p>Cold Dessert of the Day</p>		<p>Cold Dessert of the Day</p>		<p>Cold Dessert of the Day</p>	